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The Downtown Lions Club meets every Friday at noon at the Petroleum Club, 3636 Linden Ave., LB. Those occasions when we do not meet or meet elsewhere are noted either on the web site or this weekly bulletin.

CLUB OFFICERS AND DIRECTORS
Mailing address: 4712 East 2nd Street #434
Long Beach, California 90803. Telephone: (562)
370-1205 and fax: (562) 439-7174
www.longbeachlions.org

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Long Beach Downtown Lions Club
4712 East 2nd Street #434
Long Beach, California 90803








LONG BEACH DOWNTOWN LIONS CLUB

Vol. 92 Friday, January 15, 2016, noon No. 20

EMILY SOPO
LIFE FIT CENTER @
THE BEACH

Emily originally planned to work in the advertising industry after graduating from

Chapman University, but her experience teaching group exercise classes during her senior year convinced her to pursue a career in fitness. Emily immediately began taking coursework in Kinesiology and collecting certifications. Emily is a certified personal trainer through the National Academy of Sports Medicine (NASM) and group fitness instructor through the Aerobics and Fitness Association of America (AFAA). She has over 5 years of experience teaching in the fitness industry and recently completed her Master's in Kinesiology, Exercise Science, at LBSU.

A true fitness enthusiast, Emily is happiest when she is exercising or teaching others about health and fitness. In addition to her role at the LifeFit Center, Emily is a lecturer in the Kinesiology department at LBSU. Working at the LifeFit Center has been the highlight of Emily's career. She admires members' dedication to fitness and loves learning from fellow staff members.



THE PETROLEUM CLUB
3636 Linden Ave.
562-427-7966
Presiding: IPP LINDA WEINGARTNER
Invocation: RUDY HEDGREN
Program Arranged by:
IPP LINDA WEINGARTNER

Guests welcome!

IPP LINDA WEINGARTNER
COD

LINDA was born in Mississippi and the family moved to Evanston, IL, when she was 13. She attended Evanston Township

High School and received a degree in English from Roosevelt University, the same university attended by our former member Len Lovett. She has two brothers, two sisters, two sons, two grandsons and a granddaughter. Her passions are AI and her grandchildren.



LINDA taught school in Chicago for a short time before marrying and moving to California. She left the workforce to care for her two sons until they entered school. She then went to work at General Electric followed by General Dynamics, Northern Telecom and Northrup Grumman. All positions were in either telecommunications or network design. She was manager at Northrop Grumman's Corporate Office and with Northrop Grumman's Information Services Division. LINDA's greatest memory while at Northrop Grumman was working at the B-2 Division. During her time there, she frequently visited Air Force Bases and came to appreciate the intensity of their mission. When Northrop won a Collier Award for the B-2 design, LINDA was asked to participate in an acceptance tape. This tape was shown during the acceptance ceremony in Washington, D.C. LINDA is an active participant with Christian Outreach in Action in Long Beach.

She and PP AL were married in Sep. 2009. LINDA loves her new life in Long Beach and being a Lion. Her hobbies are traveling, reading, fishing, dancing, gardening and her and AL's families.

Retrospective December 7, 11, 17



Jan 22—Getty Trip

Program Chair—PP MARILYN BITTLE
 Greeter—PDG DENNIS DRAG
 Jan 29—Mardi Gras!

MARK YOUR CALENDARS NOW!

We go to the Getty on Jan. 22 and the Chinese Dinner and Auction on April 14. The Getty bus will depart from the Petroleum Club and the Chinese Dinner will be there as well. Theater night is April 21.

GETTY TRIP SIGN UPS

After Jan 8, sign ups for this trip will be opened to all. Please sign up beforehand to ensure yourself a seat. You can sign up at a Friday meeting or by emailing [BARB HALLER \(GREATGB1@GMAIL.COM\)](mailto:BARB_HALLER@GREATGB1@GMAIL.COM).

Don't forget, the bus leaves promptly at 9am from the Petroleum Club. If you arrive at 9:01, plan on finding another means of transportation.



CALENDAR

January

- 12—Board meeting
- 19—Zone A meeting
- 22—Getty Villa trip, 8:30am
- 23—District meeting
- 28—CSAC

February

- 2—Membership Committee
- 2—Charities Committee
- 5—7—MD4 Convention, Modesto
- 9—Board meeting
- 12—Student Speakers
- 14—Valentines Day
- 15—President's Day
- 16—Zone A Meeting
- 25—CSAC

March

- 1—Membership Committee
- 1—Charities Committee
- 3—CSAC
- 8—Board meeting
- 13—St. Patrick's Day
- 15—Zone A meeting
- 25—CSAC

April

- 5—Membership Committee
- 5—Charities Committee
- 12—Board meeting
- 14—Chinese Dinner & Auction, Petroleum Club
- 19—Zone A meeting
- 21—Night at the Theater (Around the World in Eighty Days)
- 27—CSAC

May

- 3—Membership Committee
- 3—Charities Committee
- 9—Board meeting
- 17—Zone A meeting
- 23—CSAC
- 27—Dark! Memorial Day
- 30—Memorial Day

June

- 7—Membership Committee
- 7—Charities Committee
- 14—Board Meeting
- 21—Zone A Meeting